



Brain and Life Hospital

ABOUT US

The Brain and life Hospital offers effective inpatient and outpatient treatment for substance addictions and process addictions (such as gambling, internet addiction and sex addiction). Our flagship addiction treatment, detoxification and rehabilitation center is the Brain and life Hospital, which is located in the centre of Dhaka, Bangladesh. In just a span of 18 years, our flagship hospital, detox & rehab centre has grown from a 10 bed to 80 bed treatment facility, and successfully treated nearly 5,000 people suffering from addictions from all parts of the world. We offer affordable, high quality addiction treatment, mental illness in an environment designed for healing and growing.

Our client's privacy and anonymity are assured at our secluded facility that features an atmosphere perfectly conducive to recovery. Our treatment approach is comprised of a modern, intelligent, physical and holistic treatment programme for which we are commended amongst the medical community. We focus on treating the underlying issues that cause addiction to substances such as alcohol, drugs and processes such as internet, sex or gambling. The overall aim is to create both a sound mind and body. On top of our effective and uniquely tailored treatment programme, clients are far from their usual using triggers, and enjoy the chance to go on a range of excitement.

MESSEGE FROM MD

Addiction is a struggle which can affect anyone, from any background or walk of life. It has a huge impact on the life of addicts themselves, their family members and loved ones and is often surrounded with social stigma and shame. What is not often well understood is the underlying causes of addiction and the importance of addressing these in order for long term recovery to be successful.

Our programmes are structured around clinical best practice and include individual counselling, group therapy, integrated family involvement and a dedicated continuing care programme that supports client's progress. Following inpatient discovery comes a future of recovery and we offer support for as long as needed. We strongly believe in the importance of supporting the full recovery journey, not just the inpatient treatment of the client. For all clients we strive for freedom from addiction and achieving empowerment through a personalised journey of self-discovery, self-acceptance and self-care.

WHAT WE TREAT....

Our addiction treatment includes -

- Substance Use disorders – Alcohol, Drugs (Methamphetamine, Crystal Meth, Yaba, Ice, Heroin, Ecstasy, Marijuana, Cocaine) and Prescription Medications
- Process Addiction (Sex, Gambling, Food, Internet and Gaming)
- Mental illness associated with Disorders like – Bipolar Disorder, Schizophrenia, Mood Disorder, Depression, Anxiety, Personality Disorder.

HOW WE TREAT

- DETOX - Medically assisted detoxification
- COGNITIVE BEHAVIOURAL THERAPY (CBT) - Highly personalized programme in one-to-one or group session
- PHYSICAL THERAPY – Physical exercise, Physical Training, Excursions, Meditation etc.
- FAMILY INVOLVEMENT PROGRAMME
- FLEXIBLE ADDICTION TREATMENT – One Month, Two Month, Three Month and Six Month.

BRAIN AND LIFE HOSPITAL

ADDRESS: 145/1 CRESCENT PLAZA,
DHAKA – 1215, BANGLADESH.

TEL: +88 02 58150414, +88 02 9130270

EMAIL: contact@brainandlife.com

WEBSITE: www.brainandlife.com